

# Senior Care Plus **Essential Plan**

Senior Care  
Plus 

WITH ACCESS TO CARSON TAHOE HEALTH AND ALL IT HAS TO OFFER



CARSON TAHOE  
HEALTH



SENIOR CARE PLUS IS PROUD TO OFFER THE  
**Essential Plan**

**Giving Medicare Beneficiaries in Washoe County, Storey County and Carson City access to the widest provider network, with a \$0 monthly premium.**

Essential Plan members can select a Carson Tahoe Health provider as their Primary Care Provider. They also enjoy access to all Carson Tahoe Health has to offer.



Signing up has many benefits – HERE ARE JUST A FEW OF THEM:



**Access to all Carson Tahoe Health has to offer**



**Hearing exam and hearing aid coverage**

**No monthly premium and no deductible**



**Low or \$0 copays for primary care**



**\$0 Eye exam and allowance for glasses or contacts**



**Gym benefit included**

**Rewards card – get rewarded for healthy activities**



**\$50 Over-the-Counter (OTC) quarterly benefit**



**Preventive dental benefit included**



**Transportation to and from medical visits**

**CONTACT YOUR HEALTH INSURANCE BROKER**

or call **775-982-3158** to talk to a Senior Care Plus enrollment specialist  
or visit **SeniorCarePlus.com** to enroll in the Essential Plan today.

This is an advertisement. Senior Care Plus is a Medicare Advantage HMO organization with a Medicare contract. Enrollment in Senior Care Plus depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits and premiums and or copayments/coinsurance may change on January 1 of each year. Other providers are available in our network. A salesperson will be present with information and applications. For accommodation of persons with special needs at sales meetings call 775-982-3158 and 711 for TTY for more information.

FOR THIS PLAN, beneficiaries must reside in **Washoe County, Storey County** or **Carson City**.

HMO Benefits	Essential Plan - 012
<b>MONTHLY PLAN PREMIUM</b>	<b>\$0</b>
<b>Maximum Out-of-Pocket</b>	\$2,700 per year
<b>PHYSICIAN OFFICE VISITS</b>	
<b>Primary Care Provider (PCP) Visit</b>	Preferred: \$0 per visit / Non-Preferred: \$10 per visit
<b>Specialist Visit</b>	\$30 per visit
<b>Preventive (ACA Covered) Screenings</b>	\$0 per visit
<b>LAB, IMAGING AND DIAGNOSTICS</b>	
<b>Routine Lab Services</b>	\$0 per visit
<b>X-Ray Services</b>	\$35 per test
<b>Imaging (CT / PET / MRI)</b>	\$65 / \$100 per test / \$100 per test
<b>FACILITY / SURGICAL</b>	
<b>Inpatient Hospital Services</b>	Preferred: \$220 / 4 days per period Non-Preferred: \$440 / 5 days per period
<b>Outpatient Hospital Services</b>	Preferred: \$220 per visit / Non-Preferred: \$440 per visit
<b>Skilled Nursing</b>	\$20 days 1-20, \$200 days 21-34
<b>EMERGENCY AND URGENT CARE</b>	
<b>Urgent Care Center Services</b>	\$20 In-Network / \$65 Out-of-Network
<b>Emergency Room Services</b>	\$140 per visit
<b>Ambulance Services (ground / air)</b>	\$275 per trip
<b>Rx</b>	
<b>Rx - Annual Deductible*</b>	N/A
<b>Rx - Preferred Generic (1)*</b>	\$5 per prescription
<b>Rx - Non-Preferred Generic (2)*</b>	\$12 per prescription
<b>Rx - Preferred Brand (3)*</b>	\$47 per prescription
<b>Rx - Non-Preferred Brand (4)*</b>	50% Coinsurance
<b>Rx - Specialty (5)*</b>	33% Coinsurance
<b>Rx - Select Drugs (6)*</b>	\$0 per prescription
<b>Rx-90-day Retail / Rx-90-day Mail</b>	2.5 times 30-day / 2 times 30-day
<b>OTHER</b>	
<b>TELADOC / Doctoroo</b>	\$0 per visit / \$20 per visit
<b>Durable Medical Equipment</b>	20% per item / supply
<b>Chiropractic Services</b>	\$20 per visit
<b>Vision (Routine Coverage / EyeMed)</b>	\$0 per exam, \$250 allowance
<b>Hearing Exam / Hearing Aid Coverage</b>	\$0 per exam (yearly) / 2 hearing aids per year, \$495 - \$1,970
<b>Fitness Benefit</b>	Included - see list of gyms at <b>SeniorCarePlus.com</b>
<b>Dental Coverage (LIBERTY Dental Plan)</b>	Preventive Included
<b>Over-the-Counter Benefit (NationsOTC®)</b>	\$50 per quarter
<b>Acupuncture (Low back pain only)</b>	\$30 visit / Max 20 visits

*\*All copays are for a 30-day supply unless otherwise noted. / Rx 90-day Retail you pay 2.5 times for a 30 day supply. / Rx 90-day Mail order you pay 2 times a 30 day supply.*

View the notice of privacy practices at **SeniorCarePlus.com**. You can also visit the website to view the plan's Evidence of Coverage to see a complete list of benefits, exclusions, and operating procedures or call **775-982-3112** to request a copy.

2026 PLAN BENEFITS



These hands have been earnestly caring for our neighbors, since 1949.

Over the years, we've grown from a small rural hospital into a regional health system, yet remain committed to the heart of why we're here—to enhance your health and well-being.

---

### CARSON TAHOE HEALTH

- Independent & Not-For-Profit
- Community Hospital Since 1949
- Comprehensive Medical Group Specialties
- 17 Regional Locations With Easy Access
- Award Winning Cancer Center
- Advanced, Leading Edge Care
- Comprehensive Patient Support Programs
- Nationally-Recognized Pioneer in Behavioral Health
- Top 150 Healthcare Places to Work in USA

---

### ACCESS TO CARE

- Carson Tahoe Regional Hospital Emergency Room 24/7
- Carson Urgent Care
- Mallory Behavioral Health Crisis Center 24/7

*“With the Senior Care Plus Essential Plan, my wife and I have access to all the Carson Tahoe services and features.”*

*Vince P. – Senior Care Plus Member*



### CONTACT YOUR HEALTH INSURANCE BROKER

or call **775-982-3158** or visit **SeniorCarePlus.com** to enroll.