

## **Behavioral Health Services**

Due to the ongoing pandemic, there continues to be an increased strain on the entire medical system. Conserving and directing limited behavioral health services to those experiencing the most critical need is a current practice. Please note the below quidance.

If you or someone you know is experiencing a medical and or mental health emergency that is life threatening, dial 911 immediately. If you or someone you know is experiencing a mental health crisis that you believe may be potentially life-threatening, please contact one of the resources below.

• National Suicide Prevention Lifeline: 800-273-8255

Crisis Support Services: 775-784-8090 Crisis Text Line: Text "HOME" to 741741

If you are experiencing distressing mental health symptoms that are negatively impacting your daily functioning, please call Innovative Managed Behavioral Health at **775-234-3864** (available 24/7).

To schedule a behavioral health assessment with a licensed clinician at The Stacie Mathewson Behavioral Health & Addiction Institute at Renown Health, please call **775-982-1121**. (Specialist copay on most plans).



